Tomato salad with roasted ricotta



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Serves 4



Adults need around 84000kJ/2000Kcal a day Typical values per 100g: Energy 715kJ/171Kcal

INGREDIENTS:

60g vegetarian ricotta cheese 280g heritage tomatoes Salet to taste 1 tsp dried oregano 50g sourdough bread 1 tsp rapeseed oil 1 green chilli, finely sliced on an angle 10g basil leaves Basil vinaigrette 3 tbsp rapeseed oil 1 tsp Dijon mustard 1 tbsp red wine vinegar 10g basil leaves, finely chopped Salt and freshly ground black pepper to taste

METHOD:

- 1. To make the basil vinaigrette; combine all ingredients together and mix well.
- Preheat the oven to 200°C.
- Line a suitably sized roasting tray with greaseproof and place spoonfuls of ricotta onto it, breaking them apart as the flatter it is, the darker and crispier it will become. Bake for 15-20 mins. Remove from the oven and set aside to cool.
- Sprinkle the tomatoes with a little salt and a teaspoon of dried oregano then set aside to macerate.
- 5. Cut the sourdough into 1.5 cm sized croutons and drizzle over a teaspoon of oil. Bake in the oven for 10 mins until golden and crispy.
- To serve; combine the tomatoes, green chilli and basil and place into a suitable size mixing bowl. Dress with a small amount of the liquid which has come from the tomatoes, toss gently to combine.
- 7. Sprinkle over the croutons, crumble over the baked ricotta and serve with the vinaigrette.